



# Telemonitoring

In-Home  
Health  
Monitoring.



Oxford  
HealthCare<sup>SM</sup>

*Home Care & Hospice.*

[www.OxfordHealthCare.net](http://www.OxfordHealthCare.net)



*Oxford HealthCare was the first to bring telemonitoring to southwest Missouri, and since 2002, we have monitored more than 7,000 patients with tremendous outcomes. An internal study of high risk patients shows those using the monitor had 47% fewer hospital admissions, a 59% reduction in the number of emergency room visits and 57% fewer hospitalization days.*

# What is Telemonitoring?

Telemonitoring uses a medical device or monitor to produce a complete overview of a patient's health status by gathering vital signs and other health information daily in the comfort of home. This information is transmitted via phone line to Oxford HealthCare where a nurse reviews the information and responds according to parameters set by the patient's physician. Telemonitoring is expanding and improving the manner in which physicians are able to evaluate and respond to their patients' medical conditions.

## Who should use Telemonitoring?

- Patients with recent hospitalizations or emergency room visits for existing chronic conditions.
- Anyone with a condition requiring frequent monitoring of vital signs.
- Patients with chronic illnesses requiring self-monitoring.
- Patients with a history of poor compliance with diet or medications.
- Women experiencing high risk pregnancies.

# What are the benefits of Telemonitoring?

- Provides tremendous peace of mind to patients and concerned family members knowing that a professional is monitoring the patient daily and communicating pertinent information to the physician.
- Identifies potential problems earlier.
- Prevents more serious illnesses as well as unnecessary physician visits, hospitalizations and emergency room visits.
- Helps patients stay in the comfort of home.
- Encourages patient self-management and reinforces lifestyle changes.



## Telemonitoring improves our patients' lives.

*“I like taking an active role in my health care, and this gives me a sense of security. If my blood pressure is up, I get a call from a home health nurse, and we discuss how I’m feeling.”*

—Dorothy

*“The monitor has been a big help. We feel that having the monitor has helped decrease Mary’s hospitalizations. It makes keeping track of her health much simpler.”*

—William

*“It is like having somebody here 24 hours a day to take care of you. It gives you all the instructions. It is very easy to do.”*

—Dawn

*“Believe me, you just feel safer knowing someone is on the other end watching.”*

—Donna

Visit our website...  
OxfordHealthCare.net  
for more information or to see  
a video about telemonitoring.



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1550 East Sunshine, Springfield, Missouri 65804  
417-883-7500

1701 West 26th Street, Joplin, Missouri 64804  
417-782-0111

Branson, Missouri  
417-336-6696

1-800-749-6555 • [www.OxfordHealthCare.net](http://www.OxfordHealthCare.net)



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